

## Stool sample collection instructions

Your doctor ordered a stool test. Please make sure you understand which test(s) your doctor ordered for you.

- Read all instructions before starting
- Keep the materials out of reach of children and pets
- Make sure the materials haven't expired and are in good condition. If needed, contact your doctor's office for a replacement
- If your sample collection container contains liquid:
  - Don't drink the liquid. If the liquid gets in your eyes, then wash with water and seek medical attention right away
  - Don't pour the liquid out—the liquid is needed for testing. Don't add any liquid
  - If the liquid spills, overfills, or gets contaminated, contact your doctor's office for a replacement
- If you're collecting samples for more than 1 test, use a separate vial or cup for each test

For best results, follow the steps below.

### Sterile screw-top cup (color or design may be different)



#### Stool testing options

- Calprotectin (16796)
- *Clostridium difficile* (*C diff*) Toxin/GDH with Reflex to PCR (91664)
- *Helicobacter pylori* (*H pylori*) Antigen, EIA (34838)
- Lactoferrin, Qualitative (10156)
- Lactoferrin, Quantitative (17321)\*
- Pancreatic Elastase-1 (14693)

#### Get ready

- Wash and dry your hands
- Label the cup (name, date of birth, collection date and time)

#### Collect

- Lift the toilet seat. Place the collection hat on the toilet bowl. Lower the toilet seat
- Pass stool into the collection hat. Keep urine and toilet water away from the stool

#### Transfer

- Twist the lid off the cup
- Use the provided wooden stick to transfer a walnut-sized amount of stool from the collection hat into the cup. For *C diff*, transfer 1 teaspoon of loose/watery stool into the cup
- Screw the lid onto the cup tightly

#### Finish up

- Place the cup in the zip-top bag and seal the bag tightly (don't remove the sheet from the bag)
- Empty and throw away the collection hat
- Wash and dry your hands

#### Store and return

- Refrigerate or freeze the sealed bag
- Return the sealed bag with your sample(s) to the nearest Quest Patient Service Center or your doctor's office **within 48 hours of collection**

### Total-Fix™ vial



#### Stool testing options

- *Cryptosporidium* Antigen, EIA (90389)
- *Cyclospora* and *Isospora* Examination (10018)
- *Giardia* and *Cryptosporidium* Antigen Panel (39441)
- *Giardia* Antigen, EIA (8625)
- Ova and Parasites, Concentrate and Permanent Smear (681)
- Ova and Parasites with *Giardia* Antigen, EIA (1748)

#### Get ready

- Wash and dry your hands
- Label the vial (name, date of birth, collection date and time)

#### Collect

- Lift the toilet seat. Place the collection hat on the toilet bowl. Lower the toilet seat
- Pass stool into the collection hat. Keep urine and toilet water away from the stool

#### Transfer

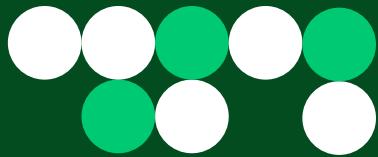
- Twist the lid off the vial
- Use the spoon under the lid to transfer small amounts of stool from the collection hat into the vial. Stop when the liquid in the vial reaches the **FILL LINE**
- Screw the lid onto the vial tightly

#### Finish up

- Place the vial in the zip-top bag and seal the bag tightly (don't remove the sheet from the bag)
- Empty and throw away the collection hat
- Wash and dry your hands

#### Store and return

- Keep the sealed bag at room temperature. Don't refrigerate or freeze
- Return the sealed bag with your sample(s) to the nearest Quest Patient Service Center or your doctor's office **within 48 hours of collection**



## Cary-Blair vial



### Stool testing options

- Gastrointestinal Pathogen Panel, Real-Time PCR (38470)
- *Salmonella/Shigella Culture, Campy EIA and Shiga Toxin Reflex to E. coli O157 Culture* (32114)

### Get ready

- Wash and dry your hands
- Label the vial (**name, date of birth, collection date and time**)

### Collect

- Lift the toilet seat. Place the collection hat on the toilet bowl.
- Lower the toilet seat
- Pass stool into the collection hat. Keep urine and toilet water away from the stool

### Transfer

- Twist the lid off the vial
- Use the spoon under the lid to transfer small amounts of stool from the collection hat into the vial. Stop when the liquid in the vial reaches the **FILL LINE**
- Screw the lid onto the vial tightly

### Finish up

- Place the vial in the zip-top bag and seal the bag tightly (don't remove the sheet from the bag)
- Empty and throw away the collection hat
- Wash and dry your hands

### Store and return

- Keep the sealed bag at room temperature. Don't refrigerate or freeze
- Return the sealed bag with your sample(s) to the nearest Quest Patient Service Center or your doctor's office **within 48 hours of collection**



**Important! Samples must be returned within 48 hours of collection.**



Find a location, schedule appointments, track results, and build your health history—all in one place at [MyQuest.QuestDiagnostics.com](https://MyQuest.QuestDiagnostics.com) or the **MyQuest®** app.